



## TARGET TUESDAY PROGRAM

## **Odissi Dance with Yuki Nara**

Tuesday, October 5 1:00 and 3:00 PM Samsung Hall FREE

Dance is the celebration of the divinity of being. In India the art of dance is a result of thousands of years of refinement and countless cycles of artists and gurus. Odissi invokes the grace of Lord Jagannatha, the Lord of the Universe, another attribute to Vishnu. Orissa is known as the land of temples and Odissi became an inseparable part of the rituals of the temple since the 9th century. Odissi dance reflects the sculpturesque poses of temples dating back to the second century BCE, in the rounded curves and flexions of the style, especially the "Tribanga" or "triplebend" pose.

The fact that this dance has survived so many centuries and has a vitality for us today illustrates how human nature continues to present universal truths through our arts. This is an art not only for connoisseurs, but is intended for all the people to enjoy, to embrace, and to share.



Yuki Nara is originally from Yonezawa, Japan. She studies Odissi with Asako Takami and also studied with Guru Kelucharan Mohapatra and Manoranjan Pradhan. She performs Odissi frequently in Bay Area. She was one of the eight dancers in the performance group *Ashtadala*, a Bay Area dancers' collaboration for the benefit of the children in India. Yuki sees Odissi dance as a path of spiritual growth and an essence of uniting with divinity.

The Target Tuesday Program is generously funded by the Target Corporation.

